

## **OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY**

Credits: 3

Prerequisites: Successful completion of:  
OCC1 545 Therapeutic Strategies in OT1  
POTH 563 Foundations of Professional Practice and  
OCC1 550 Enabling Human Occupation

Course Coordinators:

Heather Lambert, PhD  
Office: Hosmer House room 201  
Office hours: by appointment  
514-398-4400 ext. 09021  
[heather.lambert@mcgill.ca](mailto:heather.lambert@mcgill.ca)

Course Instructors:

Heather Lambert (contact information above)

Marie-Lyne Grenier, DOT  
Office: Hosmer House room 103  
Office hours: by appointment  
514-398-1021  
[marie-lyne.grenier@mcgill.ca](mailto:marie-lyne.grenier@mcgill.ca)

Course Structure: Two 1.5 hour classes per week.

Calendar Course Description: This course covers the theory, assessment processes, treatment design, clinical reasoning, and therapeutic use of activities associated with OT intervention of individuals experiencing chronic health conditions.

3. Analyze the impact of these conditions on occupational performance and communicate this impact effectively in writing. (Communicator)
4. Create an occupational therapy assessment plan for various chronic health conditions.
5. Develop a comprehensive and evidence-based treatment program based on the assessment results and chosen theoretical framework. (Scholarly Practitioner)
6. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with these client populations. (Scholarly Practitioner)
7. Critique the importance of collaboration with stakeholders both within and outside of the system to enable self-management of chronic conditions. (Collaborator)

#### Change Agent

8. Develop strategies to enable the empowerment of individuals with chronic conditions to take on the management of their condition. (Enabling Occupation)
9. Develop strategies to advocate on behalf of individuals with chronic conditions to improve programs and services, and society's acceptance of these conditions. (Enabling Occupation)

#### Scholarly Practitioner

10. Prepare written documentation reflective of growing competence in





Disability: Instructors of this course endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, please do not hesitate to discuss them with us and the [Office for Students with Disabilities](#) (514-398-6009). Students must contact the Office for Students with Disabilities at (514) 398-6009, and register with the office, before receiving accommodations for assignments or examinations.

Online Course Evaluations: Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed to facilitate student learning.

Diversity Statement: The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The